



Tang Soo (Soo Bahk) Do

Traditional martial arts of self defence

Tang Soo Do literally means “The Way of the China Hands”

Relatively modern combative martial art skills composed of Ancient Korean art of Soo Bahk Do (60%), Northern China Kung Fu (30%) and Southern China Kung Fu (10%)

Effective and practical self defence for young & old alike using scientific applications in soft / hard circular & triangular motions to achieve calmness of the mind, inner peace, confidence, integrity, patience, perseverance, agility, flexibility & good health.

The Movement is to acquire self esteemed, physiologically balanced & healthy individual who's able to execute perfect techniques to enhance your intellectual, emotional, bodily and spiritual self and enlighten upon “Victory Without Combat”

If the occasion arises when you must defend yourself, the development of the proper spirit to supplement the physical skills which you have attained is of equal importance.

The Mission is to achieve peace & harmony within oneself, to families, to societies, to countries and to the world.

Training gears:

- Loose & comfortable clothing; with light soft shoes or without shoes
 - Beginners' classes: Course duation – 8 weeks (hourly sessions)
Fees @ \$8.50/week

Interested please contact:

Master Instructor Benson Chew at (03) 357 0178 / 021 079 7799

Email: nz.tangsoodo@gmail.com



APPLICATION FORM

APPLICANT'S NAME Title: _____	Family/ Surname: _____ Given Name: _____	Nationality: _____
ADDRESS	_____ _____ Postal Address: (if different from the above): _____ _____	
CONTACT NUMBERS	Home: _____ Office: _____ Mobile: _____ Fax: _____ Email: _____	
EMERGENCY CONTACT PERSON	Name: _____ Phone: _____	
ANY HEALTH CONDITIONS		
PROFESSION/ OCCUPATION		
INTERESTS		

Signature of Applicant:

Date:

- Beginners' classes: Course duration – 8 weeks (hourly sessions)
 Fees @ \$8.50/week

Official Use ONLY

Fee Received: Yes No

Receipt Date: _____

Receipt No: _____

Accepted by: _____

Date of Joining: _____

Next due date: _____

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